

# Nonviolent Crisis Prevention Trainings

## Initial CPI Certification and Trauma Informed Care Refresher on the same day!

**January 15, 2019 ~ 8:30 am-3:30 pm**  
**CESA 10 Conference Center, Chippewa Falls**

### Initial Certification

**Summary:** This training is designed to assist participants in developing techniques to deal safely with challenging behaviors of students and to de-escalate a crisis. The course offers nonverbal, verbal, and physical methods that research has proven to be effective in schools across the country. Participants will receive certification for one year.

#### Objectives for all participants:

- Learn to recognize signs of anxiety and pending disruption.
- Learn nonverbal and verbal de-escalation techniques.
- Develop knowledge and confidence in dealing with disruptive individuals.
- Learn personal safety tips/techniques in dealing with physically aggressive students.
- Learn techniques in nonviolent physical crisis intervention using a team approach.
- Gain certification in nonviolent techniques to increase confidence level and expertise in dealing with crisis situations.

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### Trauma-Informed Care Refresher

**Summary:** This refresher course is for people who have been previously (within the last three years) certified by the Crisis Prevention Institute. The course reviews nonverbal, verbal, and physical techniques to use safely in a crisis situation and offers recertification for one year. This refresher option gives your staff the skills, knowledge, and insight to better support individuals who have been impacted by psychological trauma. The content focuses on trauma's influence on behavior and offers strategies and staff approaches to promote a trauma-informed and person-centered culture of care. There will be extra practice time added for all intervention strategies.

#### Objectives for all participants:

- Learn to recognize signs of anxiety and pending disruption.
- Learn nonverbal and verbal de-escalation techniques.
- Develop knowledge and confidence in dealing with disruptive individuals.
- Learn personal safety tips/techniques in dealing with physically aggressive students.
- Learn techniques in nonviolent physical crisis intervention using a team approach.
- Gain recertification in nonviolent techniques to increase confidence level and expertise in dealing with crisis situations.

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**Instructors:** **Dave Lockett**, CESA 10; **Lorna Margenau**, CESA 10; **Tonia Anderson Ruskin**, CESA 10

**Cost:** No charge to CESA 10 CSPD member school districts; \$100.00 to non-member districts.

**Target Audience:** School Safety Teams, Special & General Education Teachers, Counselors, School Psychologists, Principals, Paraprofessionals

**Registration:** You can also register via **MyQuickReg** (<http://www.myquickreg.com>). You can also register by contacting Shari Owen at [sowen@cesa10.k12.wi.us](mailto:sowen@cesa10.k12.wi.us)

#### CSPD Member Districts

Bloomer  
Gilmanton  
Neillsville

Bruce  
Granton  
New Auburn

Cadott  
Greenwood  
Osseo-Fairchild

Eleva-Strum  
Ladysmith  
Owen-Withee

Flambeau  
Lake Holcombe  
Thorp

Gilman  
Loyal